Cleaning and Re-Introducing the Bee Gym.

Some honeybee colonies put brace comb on the Bee Gym frame, others will just stick down the ‘flippers’.

When you are doing a hive inspection take out the Bee Gyms and place them in a bucket of washing soda, the wax goes hard so it can easily be removed. Pay particular attention to the ‘flippers’, which sometimes get a bit clogged up with wax, they can easily be cleared using a cocktail stick, after a soaking in the soda.

Once you’ve got most of the beeswax off the Bee Gyms can go back into the hive, place them directly above the main concentration of brood.
After cleaning and repositioning you should see a boost in mite fall some days later.

2 Bee Gyms could be more effective where there is a lot of Varroa in the hive.

In the hive above I'm using a 12mm 'eke' (spacer) to make room for the Bee Gyms. Many beekeepers have had good results placing the Bee Gym on the mesh floor near to a busy part of the entrance. Other beekeepers have had good results using several Bee Gyms together on the mesh floor.

Space can also be made using a framed queen excluder. The Bee Gym requires a 15mm gap.